

Love Thy Neighbor With a Gift to Alliance

In today's economy, health insurance is a luxury for many. Getting timely and appropriate medical attention without insurance can be difficult and costly – for both the patient and our community. Please support Alliance and help the low-income uninsured in Wake County. Alliance's annual Love Thy Neighbor Campaign, currently underway, is the largest source of unrestricted operational funding for both the primary and acute care clinics. With 7,500 uninsured patients on record averaging nearly 1,100 patient visits per month, your continued support is vital as demand for our primary care, acute care, patient education and disease management programs increases.

Do you need to thank a friend or colleague, acknowledge a birthday, special date or accomplishment? Make a donation to Alliance in honor or in memory of someone special while also providing the gift of health to a neighbor in need.

Please, make a gift today in the enclosed envelope or visit our website for easy online donating at www.alliancemedicalministry.org. Contact Sean Harrison at 919.250.3394 or Loree Idol at 919.250.9254 with any questions or to discuss other giving opportunities.

Federal employees can designate support for Alliance Medical Ministry through the Research Triangle Area Combined Federal Campaign by using the code 89394.

Pastoral Care Now Offered at Alliance

Ministry is from the Greek word diakoneo meaning "to serve – to give everything in love without expecting anything in return." Alliance Medical Ministry gives everything, each and every day, by serving individuals through the gift of healthcare. In addition to primary and acute care, Alliance offers a sacred place for patients, families and staff to explore health and wholeness through the gift of pastoral care and counseling. For the past year, Alliance has called upon WakeMed Health & Hospitals and Duke Divinity School for Chaplain Interns to minister to and with the Alliance community by listening, acknowledging feelings, and offering crisis intervention, counseling, resources and prayer. Regardless of religious preference, Alliance strives to be both a medical and emotional resource for patients in times of need, truly exemplifying a healthcare model that serves the body, mind and spirit. To learn more about our pastoral care and counseling services, please call 919-250-3320 x 430.

Alliance welcomes Joi Williams, M.Div. and Collin Mueller as full-time chaplain interns for the summer to provide pastoral care and counseling services for our patients. Joi received her undergraduate degree from Meredith College and her Master of Divinity from Duke Divinity School. She has served more than ten years as an ordained minister and was placed at Alliance through WakeMed's Clinical Pastoral Education program. Joi also serves as the summer field education supervisor for Collin Mueller, a chaplain intern from Duke Divinity School. Collin, a graduate of Rice University, is a current Master of Divinity student at Duke.



Joi Williams and Collin Mueller

Enloe Video Captures Alliance Story

Students from Enloe High School's award-winning video production team, Eagle Productions, created and produced a poignant video for Alliance show-casing our patients and providers, emphasizing the need for increased access to quality, affordable medical care for the working uninsured. Under the direction of program advisor, Mr. Curry Leslie, Eagle Productions has won 13 Student Emmys in the past 14 years. This year's class of students who created the video included George Ramsay, David Eisenstadt, Connor King, and Antonio Rogers.



Enloe students David Eisenstadt and Connor King with advisor, Mr. Curry Leslie

Alliance is grateful for the opportunity to partner with Enloe and will use the video for community presentations to put a "face" on the need for affordable medical alternatives for the uninsured. Check out the video on YouTube under our channel AMMNOW.

AMM Wish List of Needs

Office supplies:

Black ballpoint pens
White printer paper
Card stock (multicolored)
Sticky post-it notes
Postage stamps
10"x13" mailing envelopes
Hanging file folders

Over-the-counter medicines:

Prilosec OTC
Prevacid
Zegerid
Zyrtec
Claritin
Zaditor drops

Artificial tears

Delsym
Mucinex and Mucinex DM
Sudafed PE

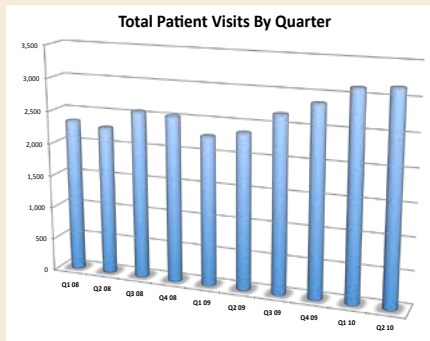
Medial supplies and equipment:

Pill cutters and organizers

Diabetes test supplies

- Walmart Relion test strips
- Syringes
- Pen needles
Bariatric scale (new or used)
Nebulizers (new or used)
CPAP machines (new or used)
Projector (new or used)

Our Medical Ministry Continues to Grow



Just as the need for accessible healthcare continues to grow, so too does Alliance Medical Ministry's commitment to meeting these needs. Through July, our patient visits are up 33% over 2009.

Alliance In-Kind Donations of Services and Supplies

Alliance is grateful to the following donors for their in-kind gifts of services or supplies for the clinic:

Mr. Anthony Alarcon
 Ms. Ava Barlow
 Blue Cross and Blue Shield of NC
 Crittenden Advertising
 Mr. and Mrs. William Deerhake
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 Mr. Dennis Winston

Prospering in a Post-Reform Environment

As I have the opportunity and privilege to speak about Alliance to congregations, civic groups, business roundtables and other gatherings in our community, the first question I'm frequently asked is, "How will healthcare reform impact Alliance?" While the road to reform spans a decade, I can tell you with confidence that Alliance Medical Ministry has a bright future and will continue to serve low-income adults in need of accessible, high-quality and affordable primary care.

First, let me provide a brief timeline of how health reforms that affect the uninsured will be implemented:

1) 2010-2013 – Regulation and coverage changes

During this period, there will be no new benefits available to uninsured Alliance patients. The most prominent changes target private insurance through the elimination of pre-existing coverage exclusions, the elimination of lifetime coverage limits and rescissions. Also, dependent coverage in private insurance is expanded through age 26. The other changes impact regulations of private insurance and Medicare.

2) 2014 – Expansion of coverage

This is when reform will impact the uninsured population through several critical changes. First, Medicaid is expanded to individuals at or below 133% of the federal poverty level. Next, all individuals will be required to maintain minimum health insurance coverage, with penalties for those lacking coverage and subsidies for low-income individuals earning between 133% - 400% of the federal poverty level. State insurance exchanges will be established through which individuals and small businesses can purchase insurance. Large employers will face a \$2,000 - \$3,000 penalty if they don't offer insurance coverage or only offer "unaffordable" coverage. The other changes impact regulations of private insurance and hospitals.

3) 2015 - 2020 – Slowing the cost growth

The programs implemented during this period are primarily focused on slowing the long term cost increases through penalties for not using Electronic Health Records, taxes on high benefit plans, and the adoption of independent advisory boards.

With that backdrop, what does it mean for Alliance?

First, nothing associated with health reform will reduce demand for services at Alliance in the foreseeable future. In fact, given the economic challenges and population growth in the region, we expect that demand from uninsured working adults will continue to grow consistently up to 2014.

Next, there are far too few primary care medical homes for low-income uninsured adults in the community today. In 2014, even with a larger insured population, there will continue to be a shortage of primary care providers. Alliance is committed to providing much-needed primary care, medication, disease management and coordination of care to the low-income individuals in our community today and as changes are introduced over the years. We are blessed to work closely with the three Raleigh area hospitals, the Capital Care Collaborative, the Open Door Clinic, Wake Health Services, and the Health Department, just to name a few partners. Reform mandates that primary care providers (like Alliance) and hospitals work together through new partnerships called Accountable Care Organizations and Patient Centered Medical Homes.

Alliance is well positioned to use our unique community model to lead the way, particularly for the underserved population. In addition, our early adoption of Allscripts electronic medical records and electronic practice management software, and use of CareScope patient referral software will play a key part in our ability to manage a changing and challenging healthcare landscape.

Finally, your ongoing partnership is critical to our continued success. This year alone, we are averaging nearly 1,100 patient visits per month, up 20% from 2009. In the first 5 months of this year we have dispensed more medications than in all of 2009. This would not be possible without your help. If you have not contributed to the Love Thy Neighbor Annual Fund, please give today.

Thank you for your partnership in our ministry.

Sean Harrison, Co-Founder & Executive Director





2010 Spring Soiree Honors Dr. Susan Weaver

A record number of guests at this year's Spring Soiree celebrated Alliance's continued success by dining and dancing the evening away to music by The Embers. This biennial event was held on April 30th at the beautiful State Club on NCSU's Centennial Campus to raise operational funds for the many programs and services offered at Alliance. This year, Alliance had the added pleasure of honoring a special guest, Dr. Susan Weaver, for her many years of leadership and dedication in support of healthcare for the underserved.

Alliance is grateful to Susan, guest host Ira David Wood and the many others who helped make this year's event a huge success. The Soiree would not have been possible without the generosity of so many dedicated friends and partners throughout the community. Alliance extends a huge Thank You to the following sponsors, merchants, in-kind donors and volunteers who contributed to the Soiree through auction items, services, financial support or time on behalf of the clinic and our patients:

Sponsors:

Blue Cross and Blue Shield of NC, The Hendren Family, Phoenix Systems, WakeMed Health & Hospitals, Benefit Controls of the Triangle, Crittenden Advertising, Duke Raleigh Hospital, FGI Research, Gospodarek CPA, Smith Anderson, Centurion Construction, Financial Direction Group, McKesson Medical-Surgical, Piedmont Air Conditioning, Rex Healthcare, Shelco Inc., Rex and Carol Thomas/Thomas Linderman Graham, and Cecelia Thompson

Volunteers:

Valerie Asadian, Lilly Bunch, Patrice Cherry, Lou Dawson, Nicole Emswiler, Bianca Espinal, Suzanne Gordon, Kate Hall, Liz Harris, Eileen Hendren, Regina Heroux, Bonny Herrington, Grey and Scott Idol, Carole Marcotte, RuthAnn Marenyi, Michele Miles, Kim Petersen, Anne Ramsay, Nancy Register, Robin Richardson, Victor and Elizabeth Santana, Carol Thomas, Cecelia Thompson, Jean Williams and Harriet Wilson.

Auction Donors:

18 Seaboard	Games2U	Mary and Don Tucker
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Calm and Sense	Helen Papageorgiou	Quail Ridge Books
Carol and Rex Thomas	Heron's Restaurant	Raleigh Little Theatre
Cary FUMC	Hillary's	Regina and Jon Heroux
Cat Banjo	Humble Pie	Rocky Top Hospitality
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David Crabtree	Jason's Mobile Detail	Synergy Spa
Deep River Sporting Clays	Jeff Hurr	The Collectors Gallery
Dell Computers	Jim Wheeler	Thomas Sayre
Doug Van de Zande	K C Ramsay	Triangle Rock Club
Drake Landing	Kent LeBoutillier	Triangle Segway
Epona and Oak	Kim Conklin	Vic's Ristorante Italiano
Eric McRay	Larry Nixon	Williams-Sonoma
Frameworks	Loree and Scott Idol	William-Cozart Inc.
Florence Whately	Martha Roberts	WQDR 94.7 FM
Gallery C		



Disease Management Program

In June, in partnership with Duke Raleigh Hospital, Alliance began an eight-week, ADA-approved educational series for Type II diabetes patients in an effort to improve health outcomes and reduce medication requirements and health complications among our uninsured patients. The education-portion of the program concluded on July 24th with a graduation ceremony. The patients will be followed closely throughout the rest of the year to evaluate their progress in controlling their diabetes.

Cary First United Methodist Church, our funding program sponsor, plans to host the next series scheduled for this fall. The focus of the series, organized by AMM Program and Outreach Director Regina Heroux, RN and pharmacist Nicole Emswiler, Pharm.D., is behavioral modification through education, tools (journals, pedometers, glucometers, test strips, etc.), follow-up provider appointments at 3, 6, 9 and 12 months, and fresh produce from our community garden. The hope is that patients will use these modifications to make life-long changes in order to better control their disease. A unique component of this program is the CarePartner volunteer. This person serves as a motivational resource and support connection to the patient each week through a personal phone call. Joi Williams, M.Div. (WakeMed Clinical Chaplain Intern) and Collin Mueller (Duke Divinity School Pastoral Care Intern) served as both a resource and spiritual supporter for these patients during this inaugural program.

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Thank You Alliance gratefully acknowledges the following generous donors who were inadvertently omitted from our 2009 annual report due to an error in reporting late December gifts. We sincerely apologize for this oversight and thank you for your understanding and continued support.

\$100,000 and above

Ms. Grace Ramsey
Wake County Commissioners

\$25,000

The Curtis Foundation

\$500 - \$2,500

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Dr. Cathay Wang

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and Dr. Laurie Dunn
Ms. Betty Stoddard
Calvary United Methodist Church

Mission of Alliance Medical Ministry

Alliance Medical Ministry is a faith-led medical ministry serving the uninsured working poor in need of affordable primary medical care.

Alliance is a registered 501 (c)(3) nonprofit charitable corporation that relies on donations from individuals, corporations, the faith-based community, and foundations to serve the uninsured working people of Wake County.

Community Garden Update



The Alliance Medical Ministry Community Garden is thriving! Even with the recent sweltering weather and lack of rain, we are successfully harvesting a bounty of vegetables each week. The garden is a community effort to encourage healthy eating cost-effectively. Through partnerships with the Interfaith Food Shuttle and the Boys and Girls Club, our garden boasts rows of vegetables, including yellow squash, cucumbers, tomatoes, tomatillos, peppers, cabbage, Swiss chard, as well as a worm-composting bin to produce good soil. The produce

is given to patients and community members who work in the garden and the Boys and Girls Club includes our locally grown vegetables in healthy eating and cooking classes taught in Alliance's kitchen.

Alliance needs volunteers to help with planting, weeding, watering and harvesting. Anyone interested in "digging in" should contact Regina at 250-3320, ext. 422. All garden volunteers may share in the garden proceeds.