

2022-2023



REPORT



CELEBRATING
20 YEARS
OF
HEALTH & HOPE



Mission

Alliance Medical Ministry provides access to compassionate, whole-person primary care for working, uninsured adults in order to reduce health disparities in Wake County.

Vision

All Wake County residents have access to quality healthcare and the self-determination to improve their health and well-being.

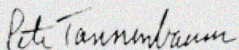
Dear Friends,

As AMM celebrates 20 years of providing our most underserved neighbors with health and hope, our value proposition continues to be twofold. First, there is the human side. We want to make people's lives better. Better health makes for happier lives and more stability in the family and in our shared community. Second, we want to reduce debilitating medical debt for people who can least afford it – which in turn reduces the heavy burden on our community and our hospital systems. We do this every day by delivering hope through a holistic approach to medicine that embraces the individual in body, mind and spirit to Wake County's most medically vulnerable populations.

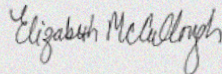
Wake County is the wealthiest county in North Carolina and now it's the largest by population. However, people living in AMM's zip code have dramatically lower life expectancies than their neighbors in nearby zip codes. That disparity is what motivates our staff and the reason we exist today. In the 2022 Wake County Community Health Needs Assessment, access to healthcare and mental health services were identified as two of the top three issues facing our county.

This past year was an opportunity for AMM to continue to work on the execution of our strategic plan which focuses on improving health outcomes and improving access to care. AMM patients' ER visits were reduced by 13% and hospital stays were reduced by 15.5%. The cause for that reduction is a corresponding reduction in AMM patients' diabetes and blood pressure measures. We expanded access through the hiring of an on-staff Registered Dietitian who empowers and educates patients on how to use nutrition to manage their chronic illnesses and health. This past year, we partnered with SiteBridge Research to be the first Free and Charitable Clinic in NC, and one of the first in the country, to offer underserved populations the opportunity to be part of clinical studies. We, also, continued to expand our vaccine program and offer patients basic vaccines they had never received.

The musician, Bono, summed it best when he said, "Where you live should not determine whether you live, or whether you die." Thank you for helping us build a healthier community.



Pete Tannenbaum,
Alliance Medical Ministry, Executive Director



Elizabeth Pharr McCullough
Alliance Medical Ministry, Board Chair

Strategic Plan

Values

Equity • Respect

Sustainability • Collaboration

Quality

▶ GOAL 1:

Uninsured households will receive the primary care they need at AMM to improve their health outcomes.

▶ GOAL 2:

Patients at AMM will improve their understanding, confidence, and ability to manage their chronic illnesses, including prevention of acute exacerbations.

▶ GOAL 3:

Patients at AMM will have the diverse support necessary to ensure their ongoing health and well-being.

▶ GOAL 4:

AMM will have the capacity and resources to meet the diverse needs of those seeking care.



***Alliance Medical Ministry
represents the best of what
healthcare can offer.***

A full range of services by the best providers & caring professionals to those who need it most, the uninsured.

Healing, caring and giving every day, and they deserve and need our your financial support so they can continue changing lives for the better, one patient at a time.

Sig Hutchinson

FORMER WAKE COUNTY COMMISSIONER

2022 Wake County Community Health Needs Assessment

In 2022, Live Well Wake published the Wake County Health Needs Assessment, which includes the greatest hurdles in our community's way to healthy, thriving lives. At AMM, we have been confronting two of the top needs for 20 years.

AMM ADDRESSES 2 OF THE 3 TOP NEEDS:

**ACCESS TO HEALTHCARE
&
MENTAL HEALTH SERVICES**

These are critical services that many of our Wake County neighbors might not have access to, but with your support, AMM is able to help close the healthcare gap. AMM is committed to being a resource to our community and aiding our patients and partners in becoming the best, healthiest versions of themselves.

AMM Patients at a Glance

1,971 UNIQUE PATIENTS SERVED IN FY 2022-2023

BY ETHNICITY

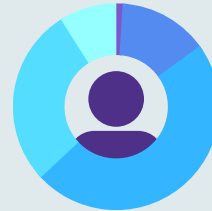
- ▶ **HISPANIC OR LATINO**
1,292 patients **66%**
- ▶ **OTHER/UNKNOWN**
679 patients **34%**

BY RACE

- ▶ **BLACK OR AFRICAN AMERICAN**
428 patients **22%**
- ▶ **WHITE OR CAUCASIAN**
205 patients **10%**
- ▶ **AMERICAN INDIAN OR ALASKAN**
68 patients **3%**
- ▶ **ASIAN**
29 patients **1%**
- ▶ **OTHER/UNKNOWN**
1,201 patients **61%**

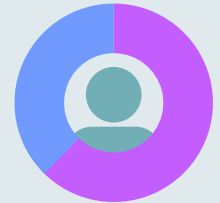
BY AGE

- ▶ **24 AND UNDER**
25 patients **1%**
- ▶ **25 TO 39**
277 patients **14%**
- ▶ **40 TO 54**
944 patients **48%**
- ▶ **55 TO 64**
544 patients **28%**
- ▶ **65+**
181 patients **9%**



BY SEX

- ▶ **1,220** **62%**
FEMALE PATIENTS
- ▶ **751** **38%**
MALE PATIENTS



THE MAJORITY OF AMM PATIENTS LIVE WITH TWO OR MORE CHRONIC DISEASES:

63%

WITH DIABETES OR PRE-DIABETES

50%

WITH HYPERTENSION

34%

WITH OBESITY

* This past Fiscal Year 2022-2023 includes July 1, 2022 - June 30, 2023



AMM
PATIENTS
VISITED THE
HOSPITAL
13% FEWER
TIMES.

of all patients with diabetes had a **lower A1c measure** at their most recent reading.

Measurable Impact

DURING FY 2022-2023, AMM PROVIDED...

10,734

TOTAL HOLISTIC PATIENT ENCOUNTERS
in all areas of the clinic and programs

2,692

COUNSELING SESSIONS
mental/spiritual health counseling and
social work sessions with AMM staff

INPATIENT
HOSPITAL
STAYS FOR
OUR PATIENTS
WAS REDUCED
BY 15.5%.

of patients with hypertension, whose blood pressure was not in control, **reduced their blood pressure to a healthy level** (< 140/90).

THIS PAST FISCAL YEAR...

54%

79%

of patients with diabetes, whose blood sugar was at life-threatening level, brought their A1c level below 9.0, **saving their lives.**

84%

of all patients **showed improvements** by lowering their most recent blood pressure reading.

55%

*Percentages given of patients for whom AMM had two measures to compare.

Robert's Story

After feeling fatigued for many days, Robert turned to his wife and said, "I'm just going to go to the emergency room to see what's going on. I just don't feel good." It was at a WakeMed emergency location that he was first diagnosed with Type 2 Diabetes. He received treatment that day and was warned his blood was the consistency of "maple syrup," and if he did not make a change, he was sure to be hospitalized within the next few weeks.

WakeMed referred Robert to AMM, as he was uninsured and needed to begin treatment immediately. **As a dad, husband and grandfather, Robert began thinking of his family's future and wanted to do everything he could to be a part of it.**

Josh has been Robert's primary care provider throughout his journey at AMM. Our providers act as a partner in health and a sounding board for questions and education. In describing his relationship with Josh, Robert said "the keyword is trust... to find somebody that's really trustworthy or somebody you can get really comfortable with and rely on... and he's [Josh] been that for me."

Today, Robert has taken control of his diabetes through education and prescriptions from AMM's on-site Patient Assistance Program (PAP). Laura, AMM's PAP Coordinator, answers questions and ensures that Robert has access to life-saving medications. Robert also utilizes Project Access and UNC Charity Care for specialty care services.

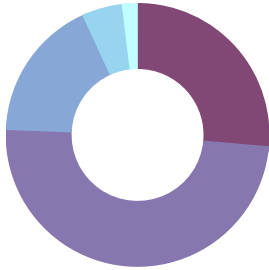
Like Robert, many AMM patients are dealing with chronic illness on top of the stress of being uninsured. The support and education that AMM provides opens the door to healthier, fuller lives for our patients.

AMM empowers and supports patients to take control of their chronic illness by prioritizing life-changing healthy habits. Having access to comprehensive, holistic primary care is life-saving for our patients.



By the Numbers

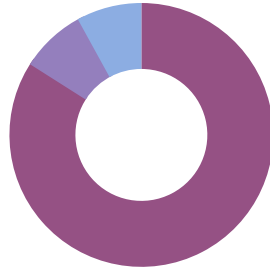
FY 2022-2023 FINANCIALS



AMM INCOME SOURCES

\$2,671,594

▶ FUNDRAISING	
▶ FOUNDATIONS	\$564,682
▶ INDIVIDUALS	\$269,912
▶ CORPORATE	\$133,834
▶ CONGREGATIONS	\$102,879
▶ HEALTH & HOPE NOW CAMPAIGN	\$23,366
▶ GOVERNMENT GRANTS	\$1,054,360
▶ CONTRACT FEES	\$375,000
▶ PATIENT FEES	\$106,256
▶ OTHER	\$41,305



AMM EXPENSES

▶ CLINIC	87%
▶ DEVELOPMENT	6%
▶ GENERAL & ADMINISTRATIVE	7%

FOR EVERY \$1 DONATED, AMM PATIENTS RECEIVE \$3.77 IN HEALTHCARE

Cost-Effective Investment

AMM provides a whole-person approach to providing care to patients. This past fiscal year, AMM provided more than \$10 million in healthcare and medication to patients. The majority of AMM patients have chronic diseases. By equipping patients with wrap-around services, such as mental health services, nutrition counseling and social work services, they are better able to manage their chronic health conditions and spend more time living their lives fully with less time in emergency rooms and hospitals. AMM not only saves lives, but also lowers the cost of healthcare for our entire community.

An investment in AMM is an investment in your community.

Why I Give...

Alliance Medical Ministry has a wonderful mission, and their work is so important to our community.

We are proud to support a nonprofit that serves people that would not otherwise receive healthcare. They are improving and saving lives.

Prentiss Baker

BAKER ROOFING, BOARD CHAIRMAN





AMM Innovations

A PARTNERSHIP WITH SITEBRIDGE RESEARCH



AMM partnered with SiteBridge Research, becoming one of the first Free and Charitable Clinics in the country to offer patients the opportunity to participate in clinical research that improves access and health outcomes in underserved communities.

BRINGING EYE EXAMS TO OUR PATIENTS WITH PREVENT BLINDNESS NORTH CAROLINA

AMM partnered with Prevent Blindness North Carolina to screen for diabetic retinopathy – a blinding disease that affects many patients with diabetes. Our ability to provide eye exams in-house brings us one step closer to preventing vision loss in our patients with diabetes.



EXPANDING ACCESS TO CARE THROUGH BUILDING RENOVATIONS

A clinic-wide building renovation, new pharmacy walk-up area, and new meeting spaces allow patients to access their healthcare with dignity and ease, as well as provides AMM staff the space required to meet our patients' needs and educate them effectively on topics such as diabetes management, wellness. We are grateful to the **Lonnie & Carol Poole Foundation** for funding this renovation.

Providing Access to Life-Saving Medications

Each year, AMM distributes millions of dollars in life-changing and life-saving prescription medications for qualifying patients through pharmaceutical manufacturers' patient assistance programs as well as partnering with **Filling in Gaps of Wake County**. AMM continues to expand our vaccine program.

DURING THE PAST FISCAL YEAR, AMM DISPENSED

\$503,094 monthly

in prescription medications to patients at little or no cost.

16,984

TOTAL PRESCRIPTIONS WRITTEN
for AMM patients.

87%

OF AMM PATIENTS HAVE RECEIVED A
PRESCRIPTION.



Vaccines are safe, effective and work to keep us healthy. When we get vaccinated, we protect ourselves, family and community by stopping the spread of preventable diseases. Here at AMM, we encourage and vaccinate our patients with the required vaccines.

Margaret White
AMM, VACCINE NURSE





AMM Volunteers

PLAY A CRITICAL ROLE IN OUR DELIVERY OF HEALTHCARE.

DURING THE PAST FISCAL YEAR...

955

ON-SITE VOLUNTEER SPECIALTY CARE VISITS

Cardiology, Endocrinology, Orthopedics,
Physical Therapy, Psychiatry, Women's
Wellness, Wound Care

525

VOLUNTEERS

engaged with patients, supported our clinic
staff, and worked in the AMM Farm

4,525

HOURS DONATED

to AMM for providing holistic care, focusing on
the patient's mind, body, and spirit

VOLUNTEERS SERVING AMM WITH 50 OR MORE HOURS DURING FY 2022-2023:

MEGAN EARNHART

*Patient Assistance
Program*

DR. JEFFREY ENGEL

Epidemiologist

FABRICIO GAMA

Project Access

ALLISON GLENN

Counselor

TINA GLOVER

*Patient Assistance
Program / Project Access*

HANETHZIE GRANADOS

*Patient Assistance
Program*

DR. FREDRICK T. HORTON

Psychiatry Provider

ASHWIN INALA

Project Access

EDEN KLINE

Medical Assistant

DR. ABIOSE LASAKI

*Internal Medicine
Provider*

CHUCK MCDUGAL

Medical Sonographer

JENIFER MONTOYA

Medical Assistant

CHUCK NEILD

Medical Assistant

VIRGINIA PACE

Medical Assistant

ASHNA PATEL

Medical Assistant

DR. JADE RAYALA

*Family Medicine
Provider*

GRACIE RUSSELL

Medical Assistant

ALYSIA ROSENZWEIG

Clinical Referrals

SKIP ROY

Physical Therapist

MORGAN SULLIVAN

Project Access

MARIA DEL VALLE-TORRES

Physician's Assistant

Specialty Partners

11,606

Lab results processed by



839

REFERRAL APPOINTMENTS TO OFF-SITE
SPECIALTY-CARE PARTNERS

America's Best Contacts & Eyeglasses,
Blue Ridge Dermatology, Duke Raleigh
Hospital, Project Access of Wake County,
Raleigh Foot & Ankle Center,
UNC Charity Care, UNC Health System,
WakeMed Health & Hospitals, Wake Smiles

137

ON-SITE MAMMOGRAMS AT
AMM CLINIC

through the Rex Mobile
Mammography Bus

190

PATIENT REFERRALS FOR
DENTAL CARE

through



Collaboration...

*Project Access of Wake County has been a partner with Alliance Medical Ministry since its inception in 2003. **The team at AMM is professional, compassionate, and caring, but their innovation and drive to continually shift and meet the healthcare needs of the community is the foundation of the growth and value of the clinic.***

Over the past 4 years, our partnership has seen a 45% increase in AMM's patients for whom we coordinate access to donated needed specialty and diagnostic care out of reach for those who are uninsured. Alliance Medical Ministry is truly a place where our uninsured neighbors can find quality healthcare and a team of caring partners invested in their health and well-being.

Jennifer Brighton

EXECUTIVE DIRECTOR FOR RIGHTCARE; AN ORGANIZATION
WHICH SERVES AS A CATALYST FOR HEALTHIER
COMMUNITIES IN N.C.





Farming

1,100 lbs

OF FRESH PRODUCE

grown and dispensed to patients from AMM's Garden

111

VOLUNTEERS

spent a collective **487 hours** tending to AMM's Garden to provide free produce to our patients

Wellness Programs

230

AMM WELLNESS PROGRAM ENCOUNTERS

Zumba, Yoga, Cooking Matters, Million Step Challenge, and Diabetes Education

31

WELLNESS PROGRAM PARTICIPANTS

benefitted from AMM's no-cost offerings



Recognitions and Achievements



Enloe Charity Ball

AMM was proud to receive the Enloe Charity Ball Award in December 2022. Enloe students pick a nonprofit organization in Wake County to receive the funds they raise throughout the year by hosting a charity ball, a comprehensive Giving Tuesday campaign, and more. **AMM received over \$180,000 from this campaign during the 2022-2023 fiscal year.**



FY 2022-2023 BOARD OF DIRECTORS

Elizabeth Pharr McCullough
Chair

Partner, Walker Allen Law

Kathleen Gormley
Secretary

Retired, WakeMed Health & Hospitals

John A. Donofrio, Jr.
Treasurer

President, EPI Health

Rebecca E. Andrews, MSCL

Senior Vice President & Administrator, Raleigh
Campus, WakeMed Health & Hospitals

Chris L. Brady, M.S.S.W, Th.M, M.Div.

District Superintendent, Capital District,
North Carolina Conference of the United
Methodist Church

Visiting Assistant Professor, Duke University
Divinity School

Dr. Karen A. Burke-Haynes

Chief Medical Officer, The North Carolina
Medical Board

Brooke Cummings

Chief Human Resources Officer, Curi

Dr. Jeffrey P. Engel

Retired, Former State Epidemiologist & State
Health Director, NC Division of Public Health

Dr. Barbara Griffith

President, Duke Raleigh Hospital

Dr. William Charles Helton

Executive Medical Director, Physician Services,
WakeMed Health & Hospitals

S. Todd Hemphill

Retired Attorney

Neil Morris

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Gerald Petkau

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Blue Cross Blue Shield of North Carolina

Kirsten Riggs, MHA, MSN, RN

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Hugh Tilson, JD, MPH

Director, NC AHEC

Pete Tannenbaum

President and Executive Director,
Alliance Medical Ministry

